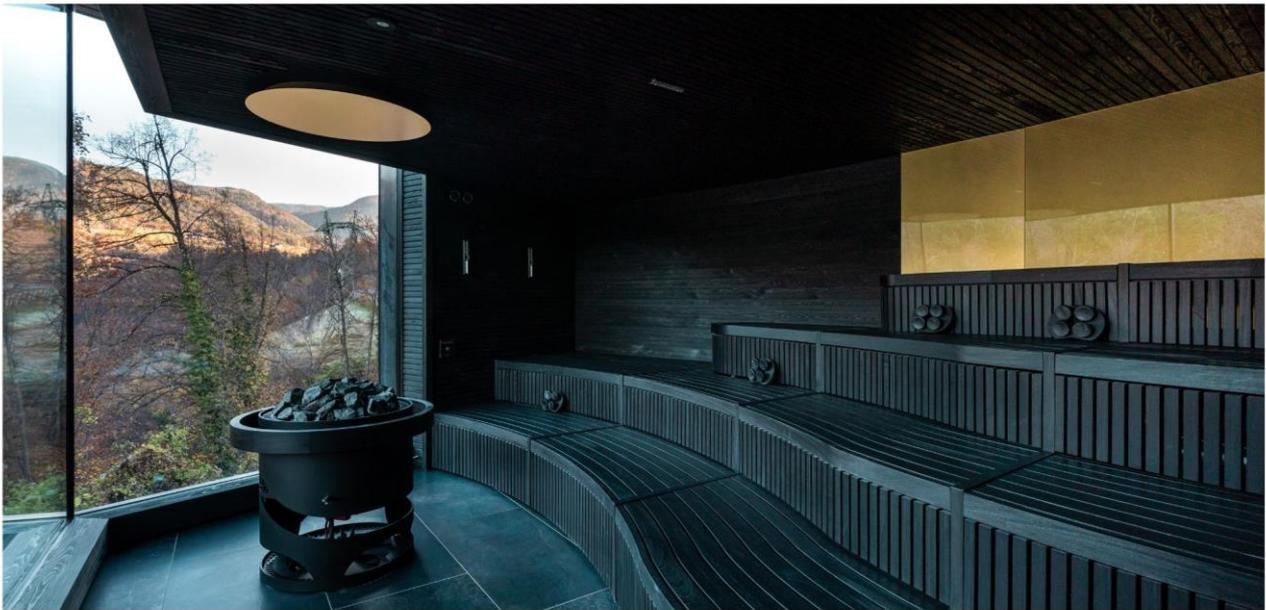


Starpool realises the Spa of Manna Resort, the new luxury 5-star destination a few kilometres from Bolzano

A regenerating and relaxing area for the south-Tyrolean resort, realised by the Fiemme company on the design of the Pichler Architects and Moretti Interiors studios, boasting environments made of contrasts between hot and cold, moist, and dry, that embrace and enhance the senses, in a place rich in oriental allure that blends in well with Manna Resort cosmopolitan style.



Ziano di Fiemme, 30th March 2022_ Around the world, not in 80 days like in Jules Verne's novel, but in 15 suites, 3 chalets, two restaurants and a spa: this is the raison d'être of Manna Resort, the new luxury 5-star destination a few kilometres from Bolzano.

Klaus Gummerer's minimal and yet majestic architecture for Pichler Architects studio, together with Enrico Moretti, designer for Moretti Interiors studio, realised Maria Luisa Manna's dream of creating a unique and cosmopolitan resort in perfect harmony with the surrounding

environment, thanks to the use of materials like wood, copper, and glass, with special care to environmental sustainability.

Right at the foot of the Trudner Horn Nature Park, the guests can enjoy a true oasis, leaving behind the noise, the turmoil and frenzy of their daily life to enter an exclusive and magnificent dimension. It is the beginning of an inner and outer journey: each environment, suite, room is different, and mirrors the owner's **passion for travelling**. Maria Luisa Manna has collected, over the years, original items, and furniture from each continent to dress her view of hospitality. An actual **trip around the world**, immersed in exotic atmospheres - from the horns of Lapland moose to African Maasai masks, from New York metropolitan echoes to Middle Eastern refined items, all the way to **Thailand**, primary source of inspiration for the Spa.

Black and gold, scented essences, details that evoke **Eastern spirituality**: here is the starting point of a new inner journey to the root of well-being, among colours, lights, scents and music, evoking the magic of a country that, by its nature, is a **shrine for body and spirit**.

The Spa is mainly a source of pure well-being: the design, the choice of surfaces, colours and of the embracing and sinuous shapes mirror the overall mindset, oriented towards **health** and beneficial contact with **nature**. The environments ideally open towards the outside thanks to the large **glass walls**, that make the border between landscape and interiors vanish. The result is the tale of an interesting combination of Western and Eastern traditions, told by décor items and details.

The area includes **specific spaces** - Finnish sauna, soft sauna, steam bath, Mediterranean bath, preparation and reaction showers, indoor and outdoor pool, a small bathing biopool, large relaxation areas, elegant and silent, equipped with a refreshment corner with herbal teas and fruit.

All the Starpool products are tailor-made, and include an **Eclipse model Classic Finnish Sauna**, the **Finnish sauna in savu fir**, the solution where design and function blend in pure and essential shapes, a perfect union between elegance and practicality; **Executive model Classic Soft Sauna in Hemlock**, characterised by sinuous and embracing shapes, overlooking the surrounding environment thanks to the glass wall that allows an immediate connection between the guest inside the cabin and the the nature outside: **Sweet Stream Room**, the Crystal White steam bath, for a sensation of brightness and purity; **Sweet Mediterranean Bath** for a soft and enveloping warmth, with its benches in Black Solid Surface and **gold** in the crystal cladding, perfect together with the exotic elegance of the whole wellness area.

After the exposure to heat, the **cold reactions** are fundamental: the showers and the **Shower One**, which offers different options, like the mint-scented Cold Breeze, or the Cold Storm with its Scots pine fragrance; or the Cold Blade; and even the **Ice Fall**, characterised by crystals illuminated by a blue led light whose glare is reflected on the dark walls of the niches where all the cold reactions are installed, creating a suggestive atmosphere in utmost privacy.

The guests are accompanied by the Spa Manager, a true expert of the wholesome properties of **water** - in its various forms, from the solid phase of ice to its gaseous one, known as water vapour. The alternation between the vasodilator heat of the equipment functioning at medium to high temperatures, which favours the cardiovascular system, relaxes tense muscles, improves the quality of sleep - and the vasoconstrictor **cold**, which tones, reinvigorates and lowers the body temperature, strengthens the immune system, generating a state of deep well-being.

The spa is completed with a wide area dedicated to massages and rituals, skilfully performed by the beauty team. Some of the operators come from Thailand, particularly the therapists, who are experts of thai rituals and specific treatments that combine modern technology with ancient traditions.

Numerous spaces are dedicated to treatments in the beauty area, and one of these houses another product by **Starpool**: Nuvola, that combines the concept of dry floatation to wellness rituals and massages, taking advantage of the therapeutic power of water to make the most of the benefits of body treatments. The resulting profound relaxation state is suited for muscle recovery and prepares body and spirit to receive the treatments, making them much more effective.

The Spa continues in the three suites and the resort chalets, towards a private dimension of wellness. These include a Soul Sauna, and are thus transformed in complete *private spas* to be used by the guest exclusively, for a regenerating experience in the name of total privacy.

Just like every product by Starpool, these cabins are also equipped with cutting-edge **technology**, like **Touch Display**, with remote access to monitor functions and possible anomalies; **Eco Spa technology** for remote diagnostics, optimisation of energy loads and controlled energy distribution; and **Sim 4.0** to measure the equipment essential parameters constantly, identify possible performance drops, monitor the use of products, detect anomalies and check the energy load, highlighting the attention to sustainability that makes this company from the Fiemme Valley stand out.

Technology is also at the service of guests for more safety, as in the case of the **Deepclean Software**, also chosen by Manna resort: this software takes advantage of the existing technology of saunas and steam baths to cause a forced increase in temperature, which exceeds 60°C at bench-level, so as to remove impurities and eliminate pathogens, for disinfection greater than 95% and deep sanitisation without additional products.

Last but not least, the Spa works in synergy with **Manna Medical**, the medical centre that can be reached by a short walk in the garden: here, Dr. Obrist proposes targeted and holistic health programs to purify and strengthen the body, and experiment healthy lifestyles with the "Mayr method".

www.starpool.com

Starpool - Wellness Concept made in Italy

For almost 50 years, **Starpool** has realised products and services designed to achieve **mental** and **physical well-being**. Focusing on the individual, with the goal of making wellness an **accessible** and **daily practice**, it creates spaces and programs to suit everyone, with the collaboration of designers, companies, and operators in the sectors of **hospitality, health, sports, and beauty**. All of this is done on the basis of a tailor-made wellness *mission*, for a customised wellness that makes its way in the **home private** world, as part of everyday life.

At the root of it all, there lies Starpool's DNA: **heat, water** and **rest**, whose alternation generates genuine benefits that positively influence people's lives, from **preventive care** to **muscle recovery**, from the daily exercise to **live well** to **mental wellness**.

Casa Starpool is located in a true open-air spa, the **Fiemme Valley**, from which it draws constant inspiration in a continuous exchange, borrowing its raw materials, like the wood, and giving back a constant and daily commitment for a future in name of sustainability, starting with the development of innovative technologies for energy monitoring and saving.

With over **4.000 realised spas**, Starpool is present in **78 Countries** worldwide, with **4 foreign branches** and **26 distributors**.

Manna Resort

Risen from the ashes of an old sawmill, Manna Resort is an **exclusive 5-star facility** blending perfectly in its alpine/Mediterranean setting, in complete harmony with its surroundings and developed according to an environmental-friendly project that set out the use of materials like copper, brass, wood and local stone in full respect of nature and of the setting. A secret corner at the foot of the mountains, **a small Paradise of discreet elegance**, where time goes by slowly and everything conveys energy, balance, peace. The main facility is characterised by grass roofs that blend in the meadows all around and has multiple floors: on the ground floor, the reception areas, the wavy ceiling in American walnut wood and the original totem bookcase, some of the **wonderful themed suites**, the restaurant and its terrace, the bar, the gourmet area, and a reading room; on the first floor there are more suites, whereas on the second floor you can find a multipurpose room (for business meetings, yoga or meditation sessions), the fitness centres with a view on the mountains, and **the spa** - from which you can reach , by a short walk through the garden, the **Manna Medical**, an actual unique and innovative medical centre. According to the principles of the modern treatment F.X.May (Manna Resort will be the only centre in Italy) and the therapeutic effect of a type of medicine that is in balance with the laws of nature, Dr. Obrist proposes health programs that aim to strengthen the digestive system and the body as a whole, purifying it from toxins, and discover a new, healthier *modus vivendi* through changes in the lifestyle to follow even once you've returned home. Outside the main building, **three exclusive chalets**, featuring a private sauna and refined, elegant interiors, overlook the biopool. For absolute privacy.

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